

## BU10 &GU10

**Welcome Coaches!** We are thrilled to have you join us this 2008-2009 soccer season.

- The recreational program is designed to be fun, to provide an atmosphere of learning and encourage development of soccer skills.
- There is to be equal play, always, for all players regardless of ability. Although these players are older, smaller fields and fewer players on the field will encourage more touches on the ball and increase skill development.
- Soccer may be considered a “players’ game.” Decisions are made at the moment, on the field, by the players themselves. Coaches are encouraged to direct the game from the sidelines keeping the momentum going and utilizing practices to tell (teach) the players what to do.

### **Basic rules**

The Number of Players: 8 v 8, one of whom is the goalkeeper. A minimum of 5 per team required to start play. Teams are recommended to be equal but it is up to the coaches and teams to decide whether "borrowing" a player to create even teams will be allowed.

Substitutions: At any stoppage and unlimited.

The Duration of the Match: the match is divided into two (2) halves of twenty-five (25) minutes each. There shall be a half-time interval of five (5) minutes.

A registered referee will officiate each game. All rule infringements may be briefly explained to the offending player.

Throw-In: the method of restarting play.

Game Ball: size 4 - the referee will bring the game ball to each game.

Offside: will be called

No scores or standing are kept, this program is about fun not competition. Avoid excessive starting and stopping on the field.

Weather: Games are not cancelled for any reason except lightning. That decision is only made at game time on the field by referees and administrators at the complex. Games are not rescheduled.

If you are ready to “take your game to the next level,” please observe the following:

Encourage your parents to cheer. Let the coaches “coach” and the parents “cheer.”

Coach during practices and then allow your players to play during the game.

Split the field between teams. Home team chooses the side of the field. Visiting team sits on the opposite side. Parents sit on their team’s sidelines.

Substitutions come into the game at the center line.

### **Resources:**

local = <http://www.oremyouthsoccer.com>

district = <http://www.uysadistrict5.com>

state = <http://www.utahyouthsoccer.net> “technical tuesday” with Greg Maas

national = <http://www.usyouthsoccer.org>

international = <http://www.fifa.com>

DVD’s and videos are available for check out. Please check with Steve Bowler or the Orem Public Library.

Thank you for volunteering. OYS is a 100% Volunteer Organization and we are always looking for great people to join us.